



2009 EVENT SCHEULDE

Friday February 20

4 PM - 7 PM Packet Pickup at Bicycle Showcase

Saturday February 21

10 AM – 4 PM Packet Pickup at Bicycle Showcase

1 PM Course Preview Talk with Race Director
McDowell Mountain Regional Park*
Meet at race transition area

Sunday February 22

6:00 Transition area opens*, Timing chip pick-up opens

7:30 Transition area closes.
Athletes make way to start line
(1/2 mile from transition area)

7:45 Pre-race meeting at Start line

8:00 Juniors Duathlon Start

8:15 Pro Wave Start – followed by subsequent
waves in 3 minute intervals

10:00 Kids rack bikes at transition area and head to start
line (1/2 mile from transition area)

10:30 10:30 Kids Race Start

11:00 Awards and Raffle

***Note: There is a \$6 daily park entry fee per vehicle**